

**Beginner**  
**Intermediate**  
**Advanced**

**Professional**  
**Fly Tying**  
**Instruction**



**Endorsed**

**Contact US!**

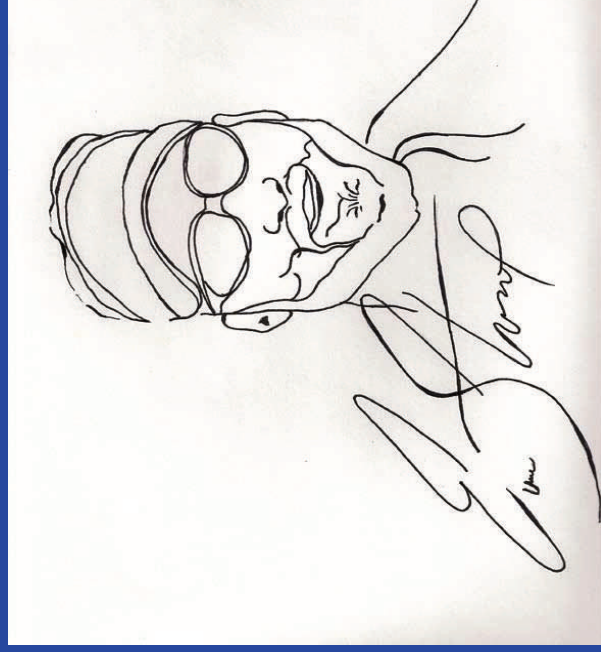
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**814-632-6129**



**SPRUCE CREEK**

**Fly Co.**



**Eric Stroup Lead Guide**

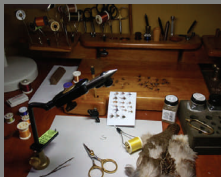
# SCFC<sup>o</sup> THE TOTAL FLY FISHING EXPERIENCE

## REGAL ENGINEERING THE BULLDOG OF BENCH VISES

A Commitment to Fly Tying education. Our Beginner, Intermediate and Advanced classes will enhance the knowledge of any level fly tier. Learn the art of fly tying; sharpen and master techniques. We offer a three day all inclusive instructional weekend, including all equipment, material, meals, accommodations and instruction. Learn from the pros!



**BEGINNER FLY TYING SCHOOL**  
An experience you will never forget, a skill you will always use. Our Beginner Fly Tying school will open the door to becoming the total Fly Fisherman. Learn the techniques, patterns, materials and equipment the pros use. Enhance your fly fishing experience.



## INTERMEDIATE FLY TYING SCHOOL

Our weekend Intermediate School will take you from **AVERAGE** to **ADVANCED**. Your fly tying skills will be sharpened in every discipline resulting in successful patterns that will fool the most wary of trout. Learn the **TIPS, TRICKS & TECHNIQUES!**



## ADVANCED FLY TYING SCHOOL

Learn the **Entomology** of Central, Pennsylvania. You will have access to the best materials and tools. You will learn the techniques to imitate the natural behaviors and stages of the most popular hatches in the East. Our Advanced Fly Tying School will teach you the phases and techniques for tying successful patterns.

All materials supplied by Flyfisher's Paradise. SCFC is available for group presentations/instructional demonstrations for your corporate event, organizational meetings or private groups.

Please visit our website to order the official 'Spruce Creek Fly Co' apparel, Jerry Nonnemacher Custom Cane Rods and Regal Visis

*About us*  
Eric & Tracey Stroup  
Owners

**"IT'S BEEN A LONG ROAD... LUCKY FOR US,  
WE'VE BEEN IN THE WATER."**

The *Spruce Creek Fly Co.* began in the dining room of my mentor, Skip Galbraith. Our plan was to simply tie flies and sell them. We began tying in December and opened the doors to our fly shop on April 1<sup>st</sup> with 500 dozen flies and never stopped tying from that day on.

The shop over the next few years went through several changes and continued to grow. Eventually, the shop was targeted by a large corporation in the business, and an offer was made to purchase the retail portion of SCFC

This transition allowed the *Spruce Creek Fly Co.* to become a full guide based operation focused solely on the introduction of anglers to the tremendous resources found in central Pennsylvania. The growth continued and progressed upon meeting my wife, Tracey.

As a fitness professional and Holistic Wellness Coach she lives and teaches a holistic wellness concept. The idea of combining our talents and forces was not only unique but essential. Our Fly Fishing Wellness Retreats were born and the success has been tremendous.



As partners in this company we not only share the passion for our individual careers but the appreciation of the enhancement of our combined talents. Our partnership has allowed for more doors to open and together we have the support to walk through them. From guiding to Wellness Retreats; Fly Tying Schools to writing, our drive and dedication is reflected in our service to our clientele and will hopefully assure the best experience they can hope for. Together we will continue to promote and in turn, hopefully protect and enhance this region by writing, guiding and showcasing our incredible waters and services to all who can enjoy them.

It is our pleasure!  
Eric and Tracey Stroup

**Eric P. Stroup** Full time guide in Central, Pennsylvania and Southwest Montana. Accomplished writer, speaker, fly tier and teacher.

**Tracey L. Stroup** Graduate of the Pennsylvania State University; B.S. Exercise and Sports Science. Holistic Wellness Coach. Over 15 years as a Fitness Professional in health and wellness for individuals, groups and corporations